Thank you!

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FILES EMAILED/ OR DOWNLOADED | SAVE | PRINT | TRIM EDGES | ENJOY!

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– Shawna

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My body
IS MADE TO DO
exactly this.
© HOLM CREATIVE 2018 – holmcreative.etsy.com

I TRUST
my body.
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I SOFTEN.
I OPEN.
I RELEASE.
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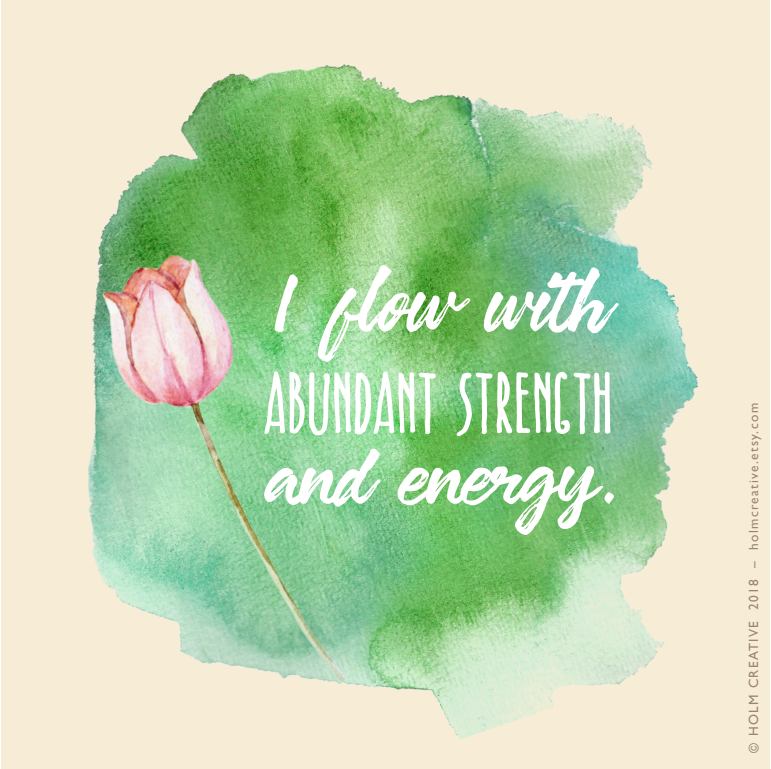
I flow with
ABUNDANT STRENGTH
and energy.
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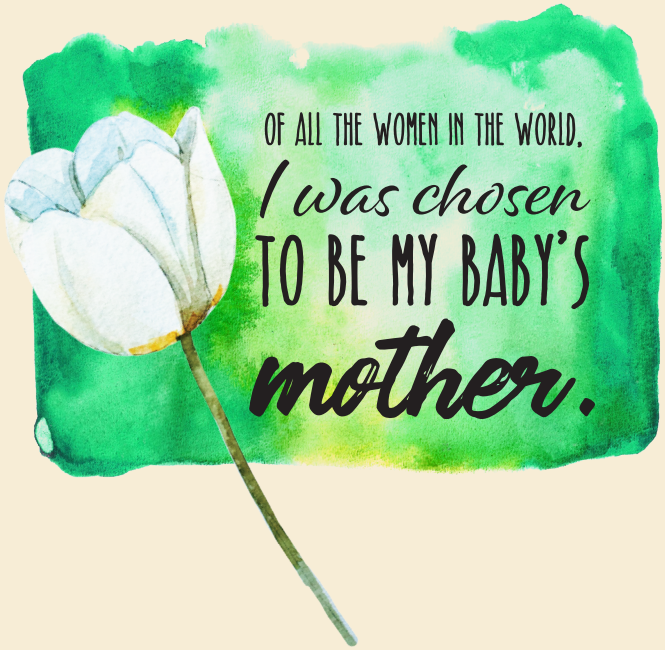

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